



*18th Annual*  
***Hindu Heritage Day***  
**2014**

**Saturday, May 24, 2014, 3:00 PM to 8:00 PM**  
Marlborough Middle School  
25 Union Street, Marlborough, MA 01752

***Utsav***

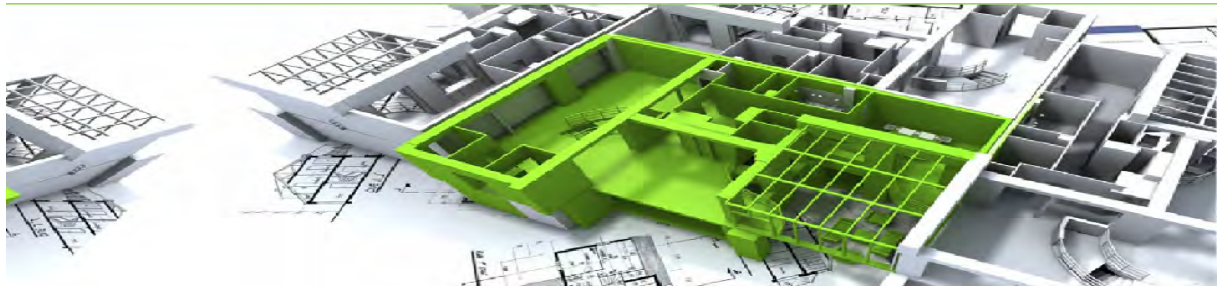


**Shri Guruji Gowalkar**

"Our youth must be made to feel proud of being born in the great lineage of rishis and yogis. If we have to live up to their legacy we must live as Hindus, we must appear as Hindus and we must make ourselves felt by the whole world as Hindus."

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For Membership Contact Sanjay Kaul: 781-893-4982





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# Commonwealth of Massachusetts



## A Proclamation

His Excellency Governor Deval L. Patrick

**Whereas** Hinduism is the third largest religion in the world with 900 million devotees worldwide and 2 million in the United States; and

**Whereas** The Hindu heritage, culture, traditions and values provide invaluable solutions to many of life's problems, often serve as a source of inspiration, reflection and contemplation for the millions of individuals who look to the teachings of Hinduism for guidance; and

**Whereas** Our vibrant Hindu American community has contributed tremendously to the vitality of the Commonwealth by enriching the lives of its citizens; and

**Whereas** Today the Hindu community will gather and celebrate their heritage by focusing on their culture and the diverse spiritual traditions rooted in India,

**Now, Therefore, I, Deval L. Patrick**, Governor of the Commonwealth of Massachusetts, do hereby proclaim May 24<sup>th</sup>, 2014, to be

### HINDU HERITAGE DAY

And urge all the citizens of the Commonwealth to take cognizance of this event and participate fittingly in its observance.

Given at the Executive Chamber in Boston, this seventh day in May, in the year two thousand and fourteen, and of the Independence of the United States of America, the two hundred and thirty-seventh.

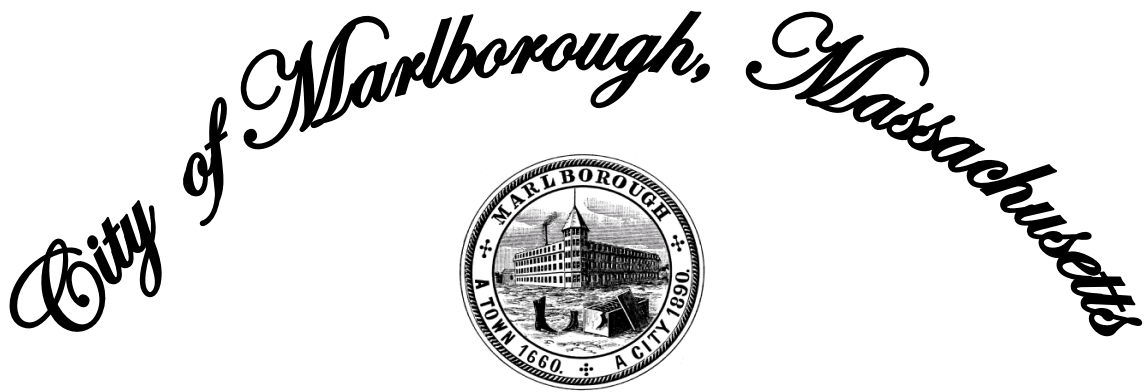
By His Excellency

DEVAL L. PATRICK  
GOVERNOR OF THE COMMONWEALTH



WILLIAM FRANCIS GALVIN  
SECRETARY OF THE COMMONWEALTH

God Save the Commonwealth of Massachusetts



*Presented to*

***Vishwa Hindu Parishad***

***of America***

*in celebration of*  
*Hindu Heritage Day*

*Now Therefore, I, Arthur G. Vigeant, Mayor, do hereby proclaim*

*Saturday, May 24<sup>th</sup> 2014*

*as*

***“HINDU HERITAGE DAY”***

*In the City of Marlborough and extend best wishes as the Hindu community  
celebrates its heritage and traditions.*

A handwritten signature in black ink, appearing to read 'Arthur G. Vigeant', is written over a horizontal line.

*Arthur G. Vigeant, Mayor*  
*City of Marlborough, Massachusetts*

*Hindu Heritage Day 2014*  
**Saturday, May 24, 2014, 3:00 PM to 8:00 PM**  
**Marlborough Middle School**

**ANUKRAMANIK**  
**(Program Sequence)**  
**3:30 PM - 7:54 PM**

*Sutradhaa*r : *Apeksha Tripathi, Archana Gorur, Padmini Narayan & Chitra Kumar*

1. **Shankh Naad**
2. **Deep prajwalan** (Lamp lighting)
3. **Ekta Mantra**: Recited by children from Bal Vihar & BVMs
4. **Bhavgeet**: 'Chandan Hai is Desh ki Maati' by VHPA Bal Vihars of Newton, Southborough, Lexington & BVMs
5. **Pushpanjali**: Natyamani School of Dance
6. **Kathak performance**: Chhandika (Chhandam) Institute of Kathak Dance
7. **Balle Balle Baisakhi**: Desi Rhythms Boston School of Dance
8. **Vivah- Ek Utsav**: Desi Rhythms Boston School of Dance
9. **Holiya** by Aangikam Dance Academy
10. **Kashmiri Rouf** by Boston Kashmiri Group
11. **SONG: Holi - Utsav of colours** by Sargam Academy of Indian Music
12. **SONG: Vasant Panchami Utsav** by Sangeetayan
13. **SONG: Aau Saathi Jaun Phulbarima Phula Tipna Jaun** by Hindu Sanatan Sewa Samaj (HSSS) Inc.
14. **Madhurastakam - Krishan Leela** by SoorTaal
15. **Pushpanjali** by Eastern Rhythms
16. **Tillana** by Triveni School of Dance
17. **Janmashtami** by Performing Arts of New England
18. **Graceful dancers from Bollywood dance academy** by Bollywood dance academy
19. **PLAY - Ravan Rahasya** by Bal Vihar of Southborough
20. **Rangilo Ritu - HOLI UTSAV** by Aangikam Dance Academy
21. **The Soul of Bengal: Durga Pujo** Bangla-O-Biswa
22. **Batu (Odissi Classical Dance)** By SoorTaal
23. **Nagada Sang Dhol** by Sri Kuchipudi Natyalaya
24. **Tarana on Raag Asavari and Kalavati**-Mona's Dance Academy
25. **"Ras Shabdham" in Kuchipudi style** by Triveni School of Dance
26. **PLAY - Samudra Manthan** by Lexington Bal Vihar
27. **Navratri Utsav** by Aangikam Dance Academy
28. **Odissi Classical Dance – Pallavi** by SoorTaal
29. **Song: Manasa Satatam** by Lexington Bal Vihar
30. **Classical Guitar Performance** by Gaurish School
31. **Tabla-Mridangam Festive Jugalbandi** by MilfordGurdwara & Gaurish School
32. **Prarthana**
33. **Garba-Raas in Cafeteria 2 Area**

# *Hindu Heritage Day 2014*

## *Sanskritik Karyakram*

### *Program Description*

#### *1. Shankh Naad*

The sound of the Shankh heralds the auspicious beginning of any Hindu program. Samir Asthana

#### *2. Deep Prajwalan*

All auspicious occasions start with the lighting of a lamp. Light symbolizes knowledge and darkness symbolizes ignorance. Knowledge removes ignorance just as light removes darkness.

#### *3. Ekta Mantra*

*To whom the Vaidikas and the ancient seers call Indra, Yama and Matarishwa; the Vedantins indicate that inexplicable one by the word Brahma. To which Almighty the Shaivites call Shiva and the Vaishnavites praise as Vishnu, the Bauddhas call him the Buddha and the Jains as Arhat, the Sikh sages call him as Sri Akal. We bow down to that Almighty.*

**Participants:** Kavya Mani, Shivali Mani, Uthra Mani, Akshay Vamsi Dhavala, Maanasa Dhavala, Srinidhi Rajgopalan, Krishna Rajgopalan, Preetham Ravi, Takchha Singh

**Teacher:** Samir Asthana

**Organization:** Bala Vidya Mandir

#### *4. Bhagavad Geeta Recital*

Reciting the first 18 shlokas in Chapter 5 of Bhagavad Geeta.

Participants: Madhavi Chalivendra, Shuili Pemmaraju, Sanjana Venkateshwaran, Samyukta Venkateshwaran, Shyam Shiva

Teacher: Ramya Venkateshwaran

Organization: Metrowest Balaviha

#### *5. Pushpanjali*

Pushpanjali - An invocatory dance performed at the beginning of a Bharatanatyam recital. This is performed by the Natyamani School of Dance and is directed by Mrs. Sridevi Ajai Thirumalai.

Participants: Snigdha Kallathur, Anjali Kannan, Shriya Krishna, Shakthi Kumaresan, Nishka Pant, Shreshtha Rajesh, Meera Ramesh

**Choreographer:** Sridevi Thirumalai

**Organization:** Natyamani School of Dance

#### *6. Kathak Performance*

Rang Manj "To color the stage". Rang manj reflects the philosophy of dancing on the earth for the divine through mudra (hand gestures) and movement as described here: "Attuning to the higher self through my mind, speech and heart, I invoke the lord of the universe here upon the earth. With the elements of nature, I offer to the divine and hold my ears in respect of the knowledge received through the gurus. I take the blessings of every animate and inanimate object in nature. I offer my respect to the four corners of the earth. Through this meditation in motion I begin my dance. As the petals of a flower open and bloom, so shall my heart open through the dance." Pandit Chitresh Das

**Participants:** Meenakshi Agrawal, Ayonija Sinha, Anvi Ranjan, Tuhina Srivastava, Anusha Ghosh, Veda Dave **Choreographer:** Gretchen Hayden/Pandit Chitresh Das

**Organization:** Chhandika (Chhandam) Institute of Kathak Dance

## *7. Balle Balle Baisakhi*

Baisakhi is celebrated by the Sikh community all over the world, especially in Punjab, India. It is in celebration of the harvest season, and also the formation of the Khalsa by Guru Gobind Singh.

**Participants:** Kashvi Bharadwaj, Rohan Chakravarti, Kishan Gorur, Vishnu Gorur, Arjun Jain, Kunal Jain, Nirali Jain, Ritvik Karthik, Vamsi Kontham, Swara Kulkarni, Sansriti Kumar, Viraj Karthik, Elisha Mathur, Aviral Mishra, Avni Mishra, Suhana Nagia, Pranav Narayan, Saket Narayan, Sanjana Nayak, Aarushi Noria, Sargam Noria, Harsha Paladugu, Neha Paladugu, Srishti Rao, Meera Singh, Mehul Suri, Aadhiti Vellatharasu. **Choreographer:** Archana Gorur

**Organization:** Desi Rhythms Boston School of Dance

## *8. Vivah- Ek Utsav!*

Vivah (Shaadi) is a celebration of union- of two souls, two families, two ideas! In India, we say we get married, not just one person, but to the entire family. Since there are so many people involved, the fun is magnified too! There are so many rituals involved in an Indian Wedding that it takes the entire village's co-operation to get this done. We present the whole process of wedding, starting from Girl meeting Boy to Sagai, Mehendi Rasam, Bidayi and finally, life in Sasural! Sit back and enjoy the experience.

**Participants:** Archana Gorur, Chhavi Mishra, Chitra Kumar, Suman Bhat, Lakshmi Puranik, Geeta Sharda, Jyothi Nagia, Manodnya Lele, Nidhi Bharadwaj, Mamta Kudlugi Mamatha Silas, Sulekha Rao, Akshita Raor  
**Choreographer:** Archana Gorur

**Organization:** Desi Rhythms Boston School of Dance

## *9. Holiya*

Young girls and boys are playing Holi and teasing each other.

**Participants:** Raina Patel, Aashlana Prasad, Yashna Sadhu, Diya Sadhu, Vidula Kunte, Sheila Saigal, Smita Bhogle, Anshi Sharma

**Choreographer:** Jasmine Shah

**Organization:** Aangikam Dance Academy

## *10. SONG: Holi - Utsav of colours*

**Participants:** Anuj Agarwal, Neha Agarwal, Anusha Tandan, Arshiya Sachdeva, Dhavani Nanavati, Anindita Lal, Sneha Jaiswal, Vidula, Arushi, Meenakashi, Sharada Vishwanath, Omar and Sara.

**Teacher:** Neelima Chaturvedi

**Organization:** Sargam Academy of Indian Music

## *11. SONG: Vasant Panchami Utsav*

*As spring is gracing us with its presence, so are the vibrant festivals of India. Saraswati Puja, also known as Vasant Panchami utsav, is celebrated around this time of the year when we worship Saraswati Devi, the goddess of knowledge, music, art and culture. Students of Sangeetayan School of Music will present a medley of songs celebrating this joyous festival.*

**Participants:** Smita Chatterjee, Veda Dave, Varuna Desai, Vaishnavi Desai, Alok Shetty, Asha Shetty, Kriti Singh, Sonali Sikder

**Teacher:** Sagarika Kanjilal

**Organization:** Sangeetayan

## ***12 .SONG: Aau Saathí Jaun Phulbaríma Phula Tíjna Jaun***

The youth group of the Hindu Sanatan Seva Samaj (HSSS) will present a Bhajan titled “Jauna Sakhi, Phulbarima”, which is one of the most popular devotional songs sung by the members of the community in their weekly Bhajan-Kirtan program.

**Participants:** Indira Pathak, Pratima Kafley, Biraj Adhikari, Raman Khanal, Bimal Adhikari, Diktschhya Subedi, Hemanta Budathoki, Joshna Adhikari, Muna Baniya, Bidur Adhikari, Geeta Sarki.

Megh Dhakal on Harmonium, Leela Chamlagai on Tabla

**Teacher:** Megh Dhakal, Dhan Maya Adhikari, Yashoda Khanal

**Organization:** Hindu Sanatan Sewa Samaj (HSSS) Inc.

## ***13. Kashmíri Rouf***

One of the most popular traditional dances of Kashmir is Rouf. This beautiful dance form graces all the festive occasions in Kashmir. The dance is performed by a group of women facing each other. The simple footwork of Rouf is a visual treat and relates to the simplicity of life in Kashmir.

**Participants:** Bela Kaul, Bhawna Sadhu, Arti Vaishnavi, Rachna Koul, Arti Kaul, Diya Sadhu, Ayesha Sadhu, Riya Vaishnavi, Aryana Mushy, Anika Mushy

**Choreographer:** Arti Kaul

**Organization:** Boston Kashmiri Group

## ***14. Madhurastakam - Krishan Leela***

This is a creative dance choreographed by Anindita, combining classical and semi-classical forms of dances. The song depicts the sweet disposition of Lord Krishna. You will see the young Kanha to the youthful Krishna, playing with Radha and the Sakhis or consorts, while they sing his glory.

**Participants:** Shreya Singh, Siya Singh, Keshav Choudhury, Prabha Makayee, Rucha Soman, Nidhi Soman, Sahana Mallela, Anindita Nanda

**Choreographer:** Anindita Nanda

**Organization:** SoorTaal

## ***15. Pushpanjali***

*Pushpanjali is an offering of flowers to Lord Ganesha, the remover of obstacles.*

**Participants:** Shefali Bakre, Adya Gurjar, Nikita Panickel, Aisha Patel, Dhara Patel, Nikita Pillai, Srivalli Koduri, Nandini

**Choreographer:** Ranjani Saigal

**Organization:** Eastern Rhythms

## ***16. Tillana***

*A dance that will bring to you the beauty of movement through subtle eye and neck gestures interspersed with sculpturesque poses as seen in the Hindu temples.*

**Participants:** Anuva Agrawal, Kailana Pandit-Murphy, Kanthi Sattiraju, Naomi Ravel, Riya Sharma, Shreya Manikandam

**Choreographer:** Neena Gulati

**Organization:** Triveni School of Dance



## *17. Janmashtami*

The song “Radha dhundh rahi” is about the divine Leela of Krishna in Vrindavan.  
Sung by Falguni Pathak.

**Participants:** Vania Sharma, Christine Verguese, Aryaa Dixit, Disha Mudenur, Shreya Kesarwani, Rhea Mathews, Avani Daga, Vedant Rajeev, Lara Mukundan, Shaurya Patni, Dhruv Jagan, Dhruv Satanur, Rhea Anand, Sanvi Ayachitam, Suhani Patni, Sanya Muthuswami, Diya, Prisha Bhola, Reshum Aurora, Snehlata Kadam, Anjali Gupta, Aditi

**Choreographer:** Darshana Jani

**Organization:** Performing Arts of New England

## *18. Graceful dancers from Bollywood dance academy*

*Bollywood Dance Academy students will be presenting a vibrant dance performance in praise of Lord Ganesh.*

**Participants:** Ishanvi sharma, Karan singh, Sheryl, Shaniya, Nitin , Ikshaan

**Choreographer:** Nikita Rao

**Organization:** Bollywood dance academy

## *19. PLAY - Ravan Rahasya*

*Ravan Rahasya presents a lesser known side of the most enigmatic super-villain in history. This episode, taken from the Valmiki Ramayan, explores the Itihaas (History) from Ravan's point of view, and answers the central question of the Ramayan: "Why did Ravan kidnap Sita?"*

**Participants:** Krish Raj Asija, Aadi Dixit, Preethi Ganesh, Shikha Gaur, Shivani Gaur, Nishi Kapoor, Ronit Kapoor, Aryan Kumar, Keshav Kumar, Aratrika Murthy, Hetal Nath, Pranay Nath, Shivnath Shankar, Anshi Sharma, Ronit Sharma, Ashish Singh, Kriti Singh, Alok Shetty, Asha Shetty, Nitya Vishwanath, Sharada Vishwanath, Eesha Yadav, Sneha Yadav

**Directed by:** Shivnath Shankar and Jaya Asthana. *Written by:* Shivnath Shankar

**Costumes/Props:** Raji Subramaniam. *Sound Recording:* Ganesh Koyalmanam

**Organization:** Bal Vihar of Southborough

## *20. Rangilo Ritu - HOLI UTSAV*

*Welcoming spring and Celebrating Holi*

**Participants:** Muskan Gupta, Sanvi Patel, Jessylyn Cherion, Mahija Nakula, Aashna Master, Nithya Jonalgada, Ishanvi Bachwal, Prapti Shah, Payal Patel, Smrithi Eswar

**Choreographer:** Jasmine Shah

**Organization:** Aangikam Dance Academy

## *21. The Soul of Bengal: Durga Pujo*

West Bengal - State of festivals, ‘where there are more festivals than months can fill in’, and among all, the crown jewel of all festivities is “The Durga Puja”.

The program highlights the victory of Ma Durga over demons, along with welcoming of Ma Durga with rhythmic Dhunuchi Nritya over sound of Dhak, the traditional drums from Bengal.

**Participants:** Tiara Aarushi Biswas, Subhabrata Biswas, Ayush Chakraborty, Sameer Chakraborty, Gautam Datta, Satabdi Datta, Spandan Datta, Srijani Datta, Sonali Deb,

Totan Ganguly, Anindita Joby, Monishita Ray, Mahua Roychoudhury, Jayeeta Roy

**Choreographer:** Monishita Ray *Costume Designer:* Sukla Saha

**Organized and Directed by:** Arpita Chakraborty

**Organization:** Bangla-O-Biswa

## **22. Batu (Odissi Classical Dance)**

*This dance from the Odissi repertoire is a pure dance. It is a technical dance piece which shows the dancer's control over movement and stance. In this dance, the interrelationship between temple sculptural art and Odissi dance is established with an array of sculpturesque poses taken directly from the innumerable dancing sculptures adorning the temples of Orissa. This is set to a 4 beat rhythmic cycle called Eka Taala.*

**Participants:** Prabha Makhayee, Keshav Choudhury, Shreya Singh, Sahana Mallela, Rucha Soman

**Choreographer:** Shri Kelucharan Mohapatra and Anindita Nanda

**Organization:** SoorTaal

## **23. Nagada Sang Dhol**

*A jubilant tribute to Indian festivities – UTSAV*

**Participants:** Sreeja Daliparthy, Medha Kuruganti, Moni Nagalla, Varsha Poreddy, Susmitha Saripalli, Sana Shaik, Meghana Tallam, Srikari Tummala

**Choreographer:** Soujanya Vendra

## **24. Tarana on Raag Asavari and Kalavati**

*A Tarana is a musical genre which was created in the 13th century and later became an important part of Kathak dance. In this piece, performed on Raag Asavari and Kalavati, dancers will try to bring out the essence of melody and rhythm through complex footwork and rapid turns.*

**Participants:** Megha Dalal, Anjana Gupta, Saloni Khosla, Anjana Mahajan, Sneha Swaminathan, Tina T

**Choreographer:** Mona Mitra

**Organization:** Mona's Dance Academy

## **25. Ras Shabdham in Kuchipudi style**

*A dance in celebration of Lord Krishna, as he dances the Ras Leela, with his most celebrated sakhi (friend) Radha.*

**Participants:** Avani Agrawal, Adhishri Hande, Navya Jain, Preethi Nagalamadaka, Radhika Nagalamadaka

**Choreographer:** Neena Gulati

**Organization:** Triveni School of Dance

## **26. PLAY - Samudra Manthan**

*Samudra Manthan or Sagar Manthan means the churning of the great cosmic ocean. Many of us know about the great riches that came out from the ocean. Like all our sacred texts, this story teaches us a lesson that should not be taken lightly. The story but must be imbibed in our soul. The students of the Lexington Bal Vihar take you through the motivation, the act and the moral of the entire story in a way you will not forget. **Participants:** Isha Jha, Ishika Jha, Shriya Jha, Akshay Jha, Nandini Jha, Abhinav Mukherjee, Ria Mukherjee, Ritik Kundu, Juhi Kundu, Siya Setty, Sonal Setty, Tejas Kasi, Saketh, Venkat Subramanian, Aditya Krishnan, Manaswini Pujar, Vidhatri Pujar, Vaishnavi Bodapati, Aryana Lulla, Adya Mahopatra*

**Director and Producer:** Vinod Pujar

**Organization:** Lexington Bal Vihar

## ***27. Navratri Utsav***

*Navratri Celebration through Raas/Garba.*

**Participants:** Aashna Shah, Hernisha Radia, Roshni Sahoo, Nikhaar Shah, Shivani Patel, Priya Kumari, Yamini Kumar, Anika Talwar, Anika Sriram, Dimple Gandhi, Kajal Gandhi, Komal Gandhi, Pooja Patel, Maya Joshi, Shivangi Pandey, Shikha Pandey.

**Choreographer:** Jasmine Shah

**Organization:** Aangikam Dance Academy

## ***28. Odissi Classical Dance - Pallavi***

*'Pallavi' from the Odissi repertoire is a nritta or pure dance and in simple terms means elaboration. It evolves from simple steps to complex and very intricate footwork.*

*Anindita and her students are going to perform Pallavi based on Raga 'Patdeep' and set to 'Jhamp Taala' or a 10 beat cycle.*

**Participants:** Anindita Nanda, Rucha Soman, Nidhi Soman, Prabha Makayee, Keshav Choudhury, Sahana Mallela, Shreya Singh

**Choreographer:** Anindita Nanda

**Organization:** SoorTaal

## ***29. Song: Manasa Satatam***

*This Sanskrit geet urges us to take action, persevere, stand up for righteousness and above all, to always perform our duty and do good for humanity.*

**Participants:** Isha Jha, Ishika Jha, Shriya Jha, Manaswini Pujar, Vidhatri Pujar, Abhinav Mukherjee, Ria Mukherjee, Hritik Kundu, Juhi Kundu, Sia Setty, Sonal Setty, Vaishnavi Bodapati, Aryana Lulla, Aditya Krishna, Tejas Kasi, Adya Mohapatra, Saketh Venkatsubramanian, Akshay Jha, Nandini Jha

**Organization:** Lexington Bal Vihar

## ***30. Classical Guitar Performance***

*A Classical Evening Melody. Short Aalap in Raga Desh, followed by a Drut Teental Gat.*

**Participants:** Rhitom Sarkar, accompanied on Tabla by Rajesh Pai

**Organization:** Gaurish School

## ***31. Tabla-Mridangam Festive Jugalbandi***

*Tabla is a very popular Indian percussion instrument. It is a set of two vertical drums and played for North Indian classical music, folk, semi classical and other forms of Indian music too. Mridangam is a popular instrument played with South Indian classical music. It is a single horizontal drum.*

**Participants:** Shiv, Hari, Bharath, Amandeep, Sumit, Angad, Jaspreeth

**Teacher:** Rajesh Pai and Gaurishankar

**Organization:** MilfordGurdwara & Gaurish School

## ***32. Prarthana***

*Shrushti Jagtap, Kriti Singh, Eesha Yadav, Asha Shetty, Alok Shetty*

## ***33. Garba-Raas in Cafeteria 2 Area***

## **About Participating Institutions in the Cultural Program**

**Bal Vidya Mandir, Sri Lakshmi Temple, Ashland MA:** The Bal Vidya Mandir (BVM), held at Sri Lakshmi Temple in Ashland, MA, has been running successfully for over 3 years. Children learn Hindu sanskars, sanskrit, stories, and do fun activities like plays, arts and crafts, and games. The BVM currently has about 45-50 children, and is constantly growing and expanding.

**VHPA's BAL VIHARS:** Both Newton & Southborough Bal Vihars are run by volunteers. **Newton Bal Vihar:** Director - Kiran Kuchroo. **Southborough Bal Vihar:** Director - Kunju Kashalikar. Goal of these Bal Vihars is five fold: I) To fill a need for the children that is not met in the schools: know who they are, their ancestors, their traditions, their value system, their heritage; II) To balance the physical, intellectual and spiritual development of the children; III) To cultivate a volunteer spirit in the children by constantly encouraging them to think about the society; IV) To encourage character building activities that will lay the foundations for developing future workers and leaders of the Hindu community in Americas; V) To stress on the fundamental concept of universal connectedness and a sense of belonging to the global society. For more information, visit [www.vhp-america.org](http://www.vhp-america.org).

**The Performing Arts of New England:** The Performing Arts of New England, a dance center of excellence, was founded in 2003 to preserve and promote authentic Indian heritage while incorporating American culture. We promote the basic values of life involving lessons on self-esteem, self-confidence, sharing and caring for one another, and the opportunity to develop life long friendships. For more information, visit [www.Darshanadance.us](http://www.Darshanadance.us). Founder: Darshana Jani. Choreographers: Keshree Tobaran and Saranga Arora.

**Sangeetayan:** Sangeetayan is a school of music dedicated to the dissemination of Indian Music in the New England Area. Sangetayan brings together the deep understanding and appreciation of both Hindustani classical as well as traditional vocal music. The Sangeetayan school was founded by Sagarika Kanjilal. Sagarikaji holds a Sangeet Prabhakar and an MA in music. For more than 22 years, she has been giving lessons in India, U.K. and now in New England area.

**Eastern Rhythms Dance School:** Located in Burlington, MA. **Ranjani Saigal** is the director of the Eastern Rhythms dance school. Her students have won awards from the National Foundation for the Arts and the Mass Cultural Council. She has choreographed several groundbreaking productions including Dancing Nature's Art based on the scientific concept of DNA, Ramayana and Savithri. She is the co-founder of [Lokvani.com](http://Lokvani.com), a South Asian E-Magazine with over 40,000 subscribers and has reviewed over 200 hundred dances and music events. She serves on the board of several organizations including MITHAS. She is also the co-chair for the TIE-Social Entrepreneurship group.

**Triveni School of Dance:** The Triveni School of Dance, in Brookline, Massachusetts, was founded in 1971 by Neena Gulati, an acclaimed dancer from New Delhi, India. Triveni is a non-profit organization dedicated to the education and performance of Classical Indian dance, social awareness and the celebration of cultural diversity. The School trains over 400 dancers every week in Indian classical dance. The School ensemble gives hundreds of performances annually — including benefits for other charities—at multicultural events, schools, community centers and universities, where lectures are combined with demonstrations and workshops.

Vaishnav Dance Group, Chhandika, Chhandam Institute of Kathak Dance, Hindu Temple of New Hampshire, Sargam Academy of Musi Nritya Anjali School of Dance, Metrowest Balavihaar, Natyamani School of Dance, Desi Rhythms, Boston School of Dance, Aangikam Dance Academy, Boston Kashmiri Group, Sargam Academy of Indian Music, Hindu Sanatan Sewa Samaj (HSSS) Inc., SoorTaal, Eastern Rhythms, Bollywood Dance Academy, Southboro Bal Vihar, Dwarkamai Temple Bangla-O-Biswa, Dancing Divas Boston, Sri Kuchipudi Natyalaya, Mona's Dance Academy, Lexington Bal Vihar, Lexington Bal Vihar, Gaurish School, Milford Gurdwara, ISKCON



HINDU HERITAGE DAY 2014

# Utsav

॥ अयं निर्वर्णाषट्कम् ॥

मनोबुद्ध्यहंकारचित्तामि नाहं ।

न च श्रोत्रजिह्वे न च घ्राणनेत्रे ।

न च व्योमभूमिर्न न तेजो न वायुः ।

चिदानंदरूपः शिवोऽहं शिवोऽहं ॥ १ ॥

*“Mind-intellect-thought-ego I am not, nor am I ears, tongue, nostrils, or eyes for that matter, I am not the five prime elements either; I am simply the Atman, I am the pure all-pervading consciousness alone.”*

The VHPA chapter of the Greater Boston area is presenting the annual Hindu Heritage Day mela and cultural program on May 24th, 2014 from 3:00 PM and 8:00 PM at the Lt. Charles W. Whitcomb Middle School in Marlborough, MA.

For the past 17 years this event has been providing a platform to preserve, perpetuate and inculcate a devotion for the Hindu way of life for all walks of people in New England area. Despite the regional differences in culture, spoken language and common beliefs, scores of American Indians hailing from different States of India are drawn to this event bound by the common threads of their shared Hindu core values, devotion, philosophies and practices.



The message and central theme of this years Hindu Heritage Day and cultural program is “Utsav”. An Utsav is a festival - an exuberant expression of enjoyment (Kama) and prosperity (Artha) bound by duty (Dharma). Festivals are at the heart of Indian culture and lives. Their seasonal occurrences provide a periodic opportunity to remove (“ut”) worldly sorrow (“sava”), and break up the monotony of day-to-day life.

The variety of festivals held throughout the year in India offer a unique way of seeing the Indian culture at its best. We have festivals in celebration of the wind, the rain, the fire, animal forms and other animate and inanimate objects. The sun is eclipsed and for millions of people it calls for a holy dip. The moon reaches its full glory and the day of Purnima calls for vrat, pooja and a feast. The rain-laden clouds come, to remind us of Lord Indra. We celebrate relationships, we honor the victory Truth over falsehood.



We dance the Garba to honor mother earth. Onam is celebrated to rejoice in the fruits of harvest. The northward journey of Sun that brings warmth is celebrated with Makar Sankranti. We light lamps in Deepavali to usher knowledge and prosperity in our lives. Our sages formulated these rituals, customs, festivals with a view to ensure that our lives become a journey of earnest labor and worship, that we find a way of underlining the lesson that God is served when we share our prosperity, when we connect and rejoice with all the classes of the community and when we worship all forms of life regardless of their place in the ecosystem.



The event has an open invitation to all wanting to participate in celebrating the Indian Culture while obtaining an understanding and accepting the differences from their own culture. There will be various activities to cater to all age groups. The popular mehndi application will have dedicated space for the full duration of the program. An informative and enlightening exhibition on festivals is currently being designed and will be on display. Children can engage in kite flying, face painting various contest booths, picture coloring, and viewing movies especially for children. The cafeteria will serve a complete dinner at a very nominal cost. Freshly made snacks - bhel puri, samosa, chole bhature, and chaat will cater to different food tastes. Chai, lassi, soft drinks, and



A nominal entrance fee of \$5 covers all activities being held through the day. There will be an assortment of non-profit organizations and cultural schools present giving out information, along with vendors of goods and services with different products geared to cater to Indian taste. Organized by Vishwa Hindu Parishad of America, over 40 organizations plan to participate in this year's mela. At this time, a limited supply of booths remains available. The cost of each booth is \$75 with a discounted cost of \$50 for non-profit organizations. For booth information, contact Bibek Das at bibek2911@yahoo.com or by telephone at 508-615-1393

We extend our invitation to all to participate in the program. Pictures from previous years provide a testimonial to the success of this event. Please click on the link below to view them all at <https://www.dropbox.com/sh/3gk95wrppvuc1o8/nGEhoiMmpR>

VHPA of America is a national organization which has among its objectives to unite Hindus by instilling in them devotion to the Hindu way of life, to cultivate self-respect and respect for all people, and to establish contacts with Hindus all over the world. For more information please visit <http://www.vhp-america.org/>

## Vishwa Hindu Parishad of America (VHPA), Inc.

[www.vhp-america.org](http://www.vhp-america.org)

### Mission:

- Promote unity amongst Hindus through a network of local chapters and like minded organizations
- Provide community service to people in distress
- Cultivate self-respect and create opportunities for imbibing Hindu values through Bal-Vihars, Youth camps, Family retreats.
- Establish world-wide contacts with Hindus.

### Membership Information:

We encourage you to become a member. Please fill in the following membership form and mail it to: **VHPA 15 Bryden Road, Southborough, MA 01772-1906**. Your contributions may be tax deductible, federal tax ID # 51-0156325.

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<i>*We do not share our list &amp; limit the number of emails</i>					
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Please Contact: Rita and Dipak Patel (603) 334-6551, ritakrishna@hotmail.com

[vhp-america.org](http://vhp-america.org)

## Hindu Heritage Day

Boston Chapter of Vishwa Hindu Parishad of America started organizing Hindu Heritage Day (HHD) in 1997. This year marks the sixteenth year of celebrating HHD in greater Boston area. HHD is organized to pass on our heritage to our coming generations. Hindu Heritage Day is an effort in the direction of maintaining and strengthening our links with Bharat. HHD provides an opportunity to learn more about our ancestral land, its history, its people, its literature, science, art, customs, and the deep, timeless wisdom of the Rishis.

## List of Temples and Centers in MA, NH, RI, CT

### **Sri Lakshmi Temple**

117 Waverly street, Ashland MA 01721, Phone: 508-881-5775, Website: [www.srilakshmi.org/](http://www.srilakshmi.org/)

### **Sarva Dev Mandir**

6 Main Street, Oxford, MA 01540, Phone: 508 987 8441, [www.sarvadevmandir.org/](http://www.sarvadevmandir.org/)

### **Satsang Center**

1 Pleasant Street, Woburn, MA 01801, Phone: 617-933-4451 Website: [www.satsangcenter1.com](http://www.satsangcenter1.com)

### **Chinmaya Maruti, Chinmaya Mission Boston**

1 Union Street (Route 28), Andover, MA 01810, Phone: 978- 474-4114, 978 749 0876 Website: <http://www.chinmaya-boston.com/>

### **ISKCON of New England**

72 Commonwealth Avenue, Boston, MA 02116, Phone: 617- 247-8611, Website: <http://www.iskconboston.org>

### **BAPS Shri Swaminarayan Mandir**

50 Stedman Street, Lowell, MA 01851. USA, 978-458-4444, <http://www.swaminarayan.org/globalnetwork/america/boston.htm>

### **ISSO Swaminarayan Temple**

1705 Middlesex St Lowell, MA 01851-1130, Phone: 978-458-0357

### **New England Shirdi Sai Parivar**

290 Littleton Road, Unit #4, Chelmsford, MA 01824, Phone: 978 528 \*1985 [www.nessp.org/](http://www.nessp.org/)

### **Shri Dwarkamai Shirdi Sai Baba Temple**

267 Boston Rd, Suit 9, North Billerica MA, 01862 Phone: 978- 276-9724, [www.dwarkamai.org](http://www.dwarkamai.org)

### **Sree Vijaya Durga Temple**

Sri Siddha Lalita Peetham, 85 Wilmington Rd, Burlington, MA, Phone: 603-868-8985 / 603-205-9083, <http://siddhalalitha.org/>

### **Braj Mandir**

711 S.Franklin Street, Holbrook, MA 02343, Phone: 781-767- 0990, [www.sriradhabhakti.org/](http://www.sriradhabhakti.org/)

### **ShriNathji Ni Haveli**

664 Lake View Avenue, Lowell, MA 01851 Phone:978-455- 2007 [www.vyoboston.org/](http://www.vyoboston.org/)

### **Parvati Parmeshwara Temple**

1527 Middlesex Street, Unit # 5, Lowell, MA 01852. Phone: 630-542-8866 [www.hscgb.org/](http://www.hscgb.org/)

### **Shri Gurusthan Saibaba Temple**

107 Otis Street Northborough MA 01532. Phone: 774-27-MYSAI. [www.shrigurusthan.com/](http://www.shrigurusthan.com/)

### **Hindu Temple of New Hampshire**

1 Progress Avenue, Nashua, NH-03062, Phone: 603-578-1141, Website: [www.hindutemplenh.org/](http://www.hindutemplenh.org/)

### **Connecticut Valley Hindu Temple**

11 Training Hill Road, Middletown, CT 06457-4824, Phone: 860-346-8675 [www.cvhts.org/](http://www.cvhts.org/)

### **Vaishnav Parivar of Connecticut**

Vallabhdam Haveli, 26, Church Street, Newington, CT - 06111, Phone: 860-796-2162, [www.vallabhdam.org/](http://www.vallabhdam.org/)

### **Ramakrishna Vedanta Society**

58 Deerfield Street, Boston, MA 02215, Phone: 617-536-5320, [www.vedantasociety.net/](http://www.vedantasociety.net/)

### **Sadhu Vaswani Center of New England**

1827 Bridge Street, Dracut, MA 01826, Phone: 978-851-3456,

### **Vedanta Society of Providence**

227 Angell Street, Providence RI 02906, Phone: 401-421-3960, [www.vedantaprovg.org/](http://www.vedantaprovg.org/)

### **Jain Sangh of New England**

223 Middlesex Turnpike, Burlington MA 01803, 781.245.0051, [www.jsne.org/](http://www.jsne.org/)

### **Gurudwara Guru Nanak Darbar**

226 Mystic Avenue, Medford, MA 02155, 781-396-0769, [www.gurunanakdarbar.net/](http://www.gurunanakdarbar.net/)

### **Milford Gurdwara**

204, East Main St, Milford, MA 01757, Phone: 508-478-2469, [www.nessc.org/](http://www.nessc.org/)

### **Guru Ram Das Gurdwara Sahib**

368, Village St, Millis, MA 02054, 508-376- 4527, [www.gururamdasashram.org/gurdwara](http://www.gururamdasashram.org/gurdwara)

### **Gurdwara Sikh Sangat Society**

561 Windsor Street, Somerville, MA 02143,617-259-7065, [www.bostonsikhsangat.com/](http://www.bostonsikhsangat.com/)


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**Tejasvi Shastri:** 85 Wilmington Road Burlington, MA 01803 781369 5254, <http://siddhalalitha.org/Lakshmana>

**Sastri:** 103 B Blossom St., Nashua, NH 03060. 603-898-3490, 603-494-3272,

[laxman\\_sastri@yahoo.com](mailto:laxman_sastri@yahoo.com) **Venkata BhavaNarayana:** 1527 Middlesex Street, Unit # 5, Lowell, MA 01852. 630 542

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### Massachusetts Area Contacts:

- Kunju Kashalikar 978-562-9967; [kunjavihari@hotmail.com](mailto:kunjavihari@hotmail.com);
- Arun Agrarwal 508-675-7241; [raagmaala@gmail.com](mailto:raagmaala@gmail.com);
- Kaushik Patel 508-977-9347; [ck8288@gmail.com](mailto:ck8288@gmail.com);
- Sanjay Kaul 781-330-1691; [sanjaykaul@hotmail.com](mailto:sanjaykaul@hotmail.com);
- Vijay Chitra 603-893-3215; [vchitra@comcast.net](mailto:vchitra@comcast.net);
- Rita Patel 603-334-6551, [ritakrishna@hotmail.com](mailto:ritakrishna@hotmail.com);
- Shailfali Verma 508-303-3073; (Youth Coordinator) [shaffv23@gmail.com](mailto:shaffv23@gmail.com);



### You can help in so many ways:

- **Donate:** to the emergency fund
- **Coordinate:** Clothing, Food Drives, Health fairs, Satsangs, Job Fairs.
- **Volunteer time:** Big brother/Big sister. Provide rides, transportation. People who can teach driving are also needed.
- **Adopt a family:**
- Tutoring.

### Contact Information:

Sanjay Kaul 781-893-4982, Kaushik Patel 508-977-9347, Jaya Asthana 508-875-0432

## HHD 2014 Organizing Committee

Cultural Program Coordinator	Jaya Asthana, Sunita Srivastava Kaushik
Mela Coordinator:	patel and Bibek Das Abhaya Asthana,
Mela Coordinator:	Kunjvhari Kashalikar
Program Host	Sanjay Kaul, Jaya Asthana, Sunita Srivastava
Community & Mandirs Liaison	Sanjay Kaul, Anit Gupta, Navneet Sharma Ashwini
Registration & Theme:	Mishra, Jaya Asthana, Sunita Srivastava
Theme:	Sunita Srivastava, Kunjvhari Kashalikar, Ashwini Mishra
Registration :	Ashwini Mishra, Pratibha Mishra, Bela Kaul
Publicity:	Anil Chawla, Kunjvhari Kashalikar, Anit Gupta Sunita
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 The Coalition of Hindu Youth (CHY) is an umbrella organization among Hindu youth and Hindu youth organizations to foster unity and share resources. CHY, is a project of World Hindu Council of America (VHPA).

**Coalition of Hindu Youth (CHY)**  
[www.chynetwork.org](http://www.chynetwork.org)

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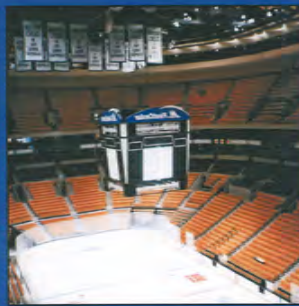
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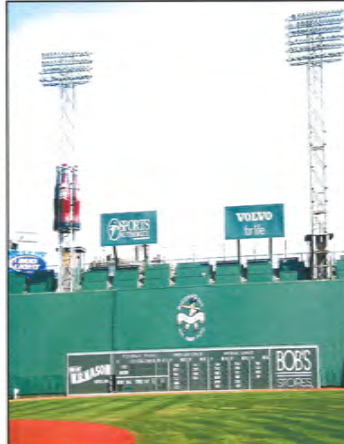
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