



April-May, 2015

## MILTSAR PRESENTS

SHRIMAD BAGHWAD GITA AKH ANUBHAV

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A Mission to ensure that each child reads Bhagwad Gita irrespective of caste, creed or any barrier of religion.  
16108 children are already taking part in the mission...!

The \_\_\_\_\_

**Subject: 16,108 children to be followed by a Billion soul event to be held will be web casted!**

Respected dear Sir/Mam,

This gives us immense happiness that **Miltsar** has announced the **RELEASE** of the aforesaid musical work being recorded and shoot at present, on **24th of May at Sri Sathya Sai International Auditorium Lodhi Road New Delhi** and 21<sup>st</sup> of December in National capital in two stages. **The recent revelation of Prime Minister Modi ji's love for Gita ji is very much visible** and with the advent of new age and new world order the need of the hour that cultural heritage of India need to be preserved. With newest means of preserving it we have taken this as a commitment to reach to every child in our reach all over India and world over in each country. Moreover the **latest news on Gita being part of Haryana School's curriculum is extremely joyful that the children of the State will be gifted with this divine move that education will be associated with this Holy Scripture.**

Thus we have recorded its audio and we are doing its video recordings with more than **16,000 plus children** from various schools of the country among whom we may short list outstanding meritorious children for various honours and encouragement means, through cash prizes and certificate of merit in each field so as to ensure that children excel in their respective fields.

We are optimistic that we will achieve this goal with the august support of our like minded well wishers. Whatever we will prepare will be later after release provided **free of cost** to all whosoever ask for it through websites, emails to ensure its propagation in a smooth way. The recent announcement of State C.M Shri Khatter has lot of encouraging message for this mission of ours. Our purpose is to ensure that each child reads Gita ji and other ancient scriptural treasure. The translations in Kashmiri and Hindi are the first step in this direction and we may in future do it in other languages as well 45 to be precise. To cover this event at various stages of its taking shape in NCR and elsewhere in the country, we thus request your esteemed person to support us in our divine endeavour so that we can further ensure its success through spreading it among younger generations.

We look forward to your kind cooperation.

With grateful regards and thanks!

Sincerely yours

Dalip Langoo

(Program Director)

Continued.....A dvd collection brief enclosed

# MILTSAR DE INDIA-PRESS RELEASE

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## PRESS BRIEF ABOUT SHRIMAD BAGHWAD GITA AKH ANUBHAV

With the advent of emerging new threats due to militancy a group of like minded members thought of spreading the divine teachings of various religions and extend these to young tender minds so that the legacy of righteousness can become perfect enough to deal with the ugly and heinous winds of dark forces who want to disrupt peace in this world. So we decided to begin with Bhagwad Gita and its select verses since past 6 months. A friend, guide and a devotee of Krishna Shri Shibeen Krishen Sadhoo ji from Pune provided us with the translations in Hindi, Kashmiri and English that we recorded its Kashmiri part to start with the project that is titled as, “Shrimad Bhagwad Gita Akh Anubhav”, which is based on 93 select Shlokas.

The recording was completed and its PROMO in video format was shared with face book, Google plus, Twitter, LinkedIn, Yahoo and other internet group users. The moment we shared it children from all over India and abroad began to respond in an intuitive manner. They created its wonderful videos and singing along, giving messages. All this they were doing by themselves inspired us to accept it as a movement not just creating an album. The same event will be webcast on 24<sup>th</sup> May to enable all to view the proceedings and various dance presentations.

We at MILTSAR are now RELEASING its album that will be released on **24<sup>th</sup> of May at Sri Sathya Sai International Auditorium Lodhi Road** and then on 21<sup>st</sup> of December 2015 in two stages for its being a huge exercise. The movement took its shape when children started responding to our work from Melbourne, Mumbai, Pune, NCR, Noida, Bhutan, Canada, USA and lot of other places. So realizing the importance of these reactions we decided to reach maximum number of children who love this attempt and the simple way of rendition of Gita ji in song form that we know as Leela.

Today we are planning to film 16,000 plus children in NCR New Delhi (Noida, Faridabad, Gurgaon, and Delhi), Jammu, Ahmedabad, Mumbai, Pune, Bangaluru, Chandigarh, London, Belgium, USA, Australia and other places. These recordings will form a consolidated form in the shape of an album that will be provided FREE of cost to all viewers /listeners whosoever will ask for it through email. Its album copies will be also distributed on the RELEASE day and later sent to all those who are booking these copies in advance to support the mission.

The content is purely educative so that aim of peaceful living is achieved that mankind over this globe requires to survive as a peaceful place to live in. This is a Global project for we have children from all parts of the country and abroad taking part in it. Some are lending their voice and some anchoring and some acting in a small one minute plays that will be part of the 11 select songs. These are translations of various Shlokas from Gita ji. The summarized details of the content are here as under which we have in eleven sections thus we have 11 songs and 11- 60 second plays / inspiring anchoring intros in between:

1. **Glory of Bhagwad Gita – Bhagwad Gita Mahima:** Lord says, one who regularly reads this holy conversation of ours, with devoted heart, worships him with wisdom certainly this is his assertion. He further says that whosoever even listens to this holy conversation, with faith and without jealousy becomes free from all sins and accomplishes the auspicious abodes befitting those whose actions are pure and virtuous”. This sacred hidden treasure of knowledge of Shrimad Bhagwad Gita should never be disclosed to a person who is devoid of austerity who is without devotion, who does not desire to listen, who has no faith in God, who speaks ill of Lord or is envious of him. He further states that one who shall spread

this supreme secret philosophy the glories of the most hidden of all hidden treasures of the Shrimad Bhagwad Gita to his devotees, such a person shall be performing the highest devotional service to him. Lord further says, that “He shall certainly come to me, without a doubt. No other person shall do a more pleasing service to me as does he and no one on the earth shall be more dear to me than he who preaches magnificence of “Shrimad Bhagwad Gita” to my devotees”.

2. **Path of Worship and Supreme knowledge- Bhakti Eivam Pram Gyan Ka Maarg:**

Lord says that, he is present equally in all beings. There is no one I envy nor am I partial to anyone. However, those who worship me with love and devotion are close to me and I am also close to them. He says that “he is always with him who sees me everywhere and sees everything in me. I am never separated with him nor is he ever separated from me”. Lord says, O Paarth, people worshipping Me with whatever motive get their desires fulfilled accordingly, since everyone follows my path in all respects. The general masses follow the actions of great souls of immanence. Whatever standards they set up by their exemplary acts, the whole universe follows.

Whosoever truly understands Me as the supreme being without doubting, knows everything and engages whole-heartedly in devotional service to me. A person, free from all attachments and enjoying sense objects with senses that are under control and complete mercy of the Lord. Lord says further that he is easily attainable by one who always remembers him without any deviation and whose mind does not go elsewhere.

3. **Duty-Action results and Renunciation-Karm Phal Tatha Tyaag:** O son of Kunti, . Arjuna!

One should not abandon one’s natural work, even though it may be defective because all the actions are covered by imperfection as is fire covered by smoke. One who selflessly performs his duties and abandons selfish attachment to the results, remains untouched by sinful actions, as the lotus leaf never gets wet even remaining in water. Selfless sacrifice/service performed as per scriptures and without any desire for the fruits of actions, believing it to be the prescribed/ natural duty is said to be the “nature of goodness” (Saatwik). Perform your requisite/ mandatory duty, as working is indeed better than sitting idle. Even one cannot maintain the fitness of physical body without any duty/work (Karmas).

O Arjuna! There is no duty whatsoever prescribed for me in the three worlds nor there is, anything unobtainable for me, that I should obtain yet I engage myself in the prescribed duties. Because If I do not engage myself in the prescribed duty/action persistently, O Paratha all people would follow my path in every way and if I ever fail to perform my prescribed duty, it would result into overall destruction as whole universe follows me.

4. **Divisions of Society-Samaj Ke Vibhaag:** The supreme Lord is the creator of everything and has also created four divisions (Varna) in human society based on modes of material nature and the duties/work associated with them (sense control etc.) I being the creator of these divisions yet I am above these divisions. Since I am unchangeable, aloof and not a conditioned soul which for human society (Varnas). O Arjuna! The four fold divisions of the human society namely Brahmanas (Intellectuals), Kshetrias (Warriors), Vaishyas (Traders) and Shudras (Workers) are based on the qualities inherent in one’s nature and accordingly their respective duties are classified in society.

Those having the qualities of purity honesty, self control, serenity, wisdom, knowledge, patience and religiousness/belief in God are called intellectuals (Brahmins). Those having the qualities of firmness, Bravery, determination, courageous warriors of battle field, charity and administrative skills of leadership in battle field are called leaders/protectors (Kshetrias). Those who are good at works like business, trade, finance, cultivation/farming, and cattle-rearing are called business classes (Vaishya’s). And those who are good in service to above classes and works of labour nature are classified as workers (Shudra’s).

5. **Yogabhyas- Yoga:** To perform yoga one should sit on in a firm seat, neither too high nor too low. This seat should be covered with a kusha grass and on it a Deer skin be covered with a soft cloth at a clean, quiet and private spot. Comfortably sitting on this seat concentrate the mind on God by

controlling the thoughts and the activities of senses. Thus practice meditation for self purification, regularly. These are few instructions mentioned over here.

6. **Diet-Ahaar:** Food that promotes longevity, purity of one's existence and gives virtues, strength, health, happiness and joy are juicy, smooth, wholesome, substantial and nutritious. Person in the mood of goodness like such type of food. Food that is very bitter, sour, salty, hot, pungent, dry and creating burning sensation are liked by persons in the nature /mode of passion. Such food promotes/causes pain, grief and disease.
7. **Charity-Daan:** Charity, that is given as a matter of duty, without expectation of returns, with due consideration of place, time and recipient, is considered to be in the mode of goodness, "Satwik". But charity that is given with an unwilling mood or to get something in return or with a desire for fruits / results is known as charity in the mode /nature of passion (Rajas). The charity that is given at a wrong place, time and to unworthy person without proper attention and due respect is known as charity in the mode/nature of ignorance/ darkness (Tamsic).
8. **Anger-Krodh:** A person develops attachment for the sense objects by envisioning about those sense objects. And from such attachment desire develops and when desire is not fulfilled the anger develops.
9. **Demonic natures-Aasuri Swabhaav:** The demonic person feels that today he has gained so much wealth and tomorrow he will gain more with his plans. This much is mine and more and more will be mine in future. He thinks that he has killed many and can kill more and ego grips him gradually in a specific emotion thus develops and thought that he is enjoying and is the master of this universe, such a person fell in a specific demonic nature.
10. **Remembering God on final journey- Antim Samay me Parmatma Ka Dhyaan:** While leaving the body at the time of death, whosoever remembers "Me" the supreme Lord, will surely attain the supreme abode undoubtedly. O Arjuna! Whatever the object or state of being, one constantly remembers at the time of death (leaving the body) that object/state of being, one will surely attain without fail.
11. **Vital Sermon- Param Updesh:** If you cannot practice Yoga (Bhakti) then engage yourself in acquiring knowledge. However better than knowledge is meditation, but better that meditation is to give up the fruits of your actions, i.e, renunciation of fruits of your actions as this gives instant peace of mind.

With this content that is divided into 11 chapters, which are further recreated in 11 different Leelas/songs in Hindi, English and Kashmiri as a first step toward this noble mission. The main lead is sung, musically directed and programmed by Dalip Langoo and joined by Miltsar Group of singers from all the parts of the globe. The video is being directed by the famous film director/editor Peeyush Sapru. Thus **a global attempt with 16000 plus** children with whom **we expect a billion more to join over the time** when this movement will reach more and more children to make an impact on the minds to develop righteousness to help the globe to prosper and well establish in peaceful and harmonious living. **With the love for Gita that of Shri P M Narendra Modi ji and announcement of Gita education by State C.M Shri Khatter is very encouraging and we expect now masses too to join us in our noble mission.**

With heartfelt thanks and regards!



Dalip Langoo

Program Director

"SHRIMAD BAHGWAD GITA EIK- AKH ANUBHAV"

APPLE Programme; 2. Lalitaditya Peace Foundation Trust 3. Miltsar De India 4. Kashir Pathshala

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*Let us spread and share Miltsar the compassion among all and be blessed!*